

10 Ready-to-Use Opening Remarks You Can Deliver Tomorrow

By Jef Menguin

The first words you say in a team building event matter. They don't just "start the program" — they set the tone for the entire day. A good opening can ease tension, spark energy, and get people ready to engage. A poor one can leave the room flat before the activities even begin.

But here's the good news: you don't need to be a polished speaker or memorize a long speech. Opening remarks work best when they're short, sincere, and focused on connection. Think of them as a bridge — moving people from simply "arriving" to being fully present and excited.

That's why I created this mini-guide. Inside, you'll find **10 ready-to-use scripts** you can deliver right away. Each one is simple, adaptable, and crafted for different moods and moments. Use them as they are, or tweak them to fit your style and your team.

Tomorrow, when you're asked to give opening remarks, you won't have to worry about what to say. You'll already have words that welcome, inspire, and energize your team from the very first minute.

1. The Energy Kickoff

When to use: At the start of a fun, outdoor team building or any event where you want to raise the energy right away.

Script:

"Good morning, team! I know some of you came here wondering if today is just another company activity. But it's not. Today is about us — laughing together, learning together, and reminding ourselves what we can achieve when we move as one.

So let's leave the worries of deadlines and emails behind for a while. Bring your energy, bring your spirit, and bring your best self. Because when we give our all today, we'll discover new ways to trust, support, and celebrate each other.

Are you ready? Let's make this our best team building yet!"

2. The Purpose Setter

When to use: When you want participants to see team building as more than just games.

Script:

“Good morning, everyone. Today is not just about having fun — although we will have plenty of that. Today is about discovering how we work together, how we solve problems, and how we support each other.

Every challenge you’ll face today mirrors the challenges we face at work. And every win will remind us that when we collaborate, we grow stronger as a team. So let’s treat this as more than just play — let’s treat it as practice for how we want to show up every day.”

3. The Gratitude Opener

When to use: When you want to start with warmth and appreciation, especially if the team has been under pressure.

Script:

“Before anything else, I just want to say thank you. Thank you for showing up today with open minds and open hearts. Team building only works when people are willing to give their time and energy — and you being here is proof that you care about this team.

So as we go through the day, let’s remember that this isn’t just a company activity. It’s a gift we give to each other — a chance to laugh, connect, and remind ourselves that we’re stronger together.”

4. The Story Hook

When to use: When you want to open with a personal touch and make the team feel closer.

Script:

“When I first joined this company, I remember feeling like I had to prove myself. What helped me most wasn’t just training or skills — it was the support of teammates who encouraged me, guided me, and sometimes even carried me through.

Today, this team building is about creating those same kinds of moments. Small acts of encouragement. Shared laughter. Helping each other finish what we start. Because in the end, it’s not the games that make this day memorable — it’s how we show up for each other.”

5. The Challenge Starter

When to use: At the beginning of a high-energy program where competition and teamwork are balanced.

Script:

“Good morning, team! Let me say this upfront: today is not about who’s the fastest, the strongest, or the loudest. It’s about how we face challenges together.

Some activities will test your patience. Others will test your creativity. But the real test is this: can we move as one, help each other through, and leave no one behind? If we can do that, then today won’t just be fun — it will be unforgettable. So, are you ready to take on the challenge as one team?”

6. The Unity Reminder

When to use: When participants come from different departments, locations, or backgrounds.

Script:

“Look around you. We come from different departments, different roles, and different strengths. But today, none of that divides us. Today, we are one team.

This team building is our chance to live out the spirit of *bayanihan* — helping, carrying, and lifting each other up. So as we laugh, sweat, and play together, let’s remember: it’s not about ‘me’ or ‘you.’ It’s about ‘us.’ And that’s what makes this day powerful.”

7. The Humor Opener

When to use: When you want to break tension, lighten the mood, and get everyone laughing early.

Script:

“They told me I only have three minutes for opening remarks. Don’t worry, I won’t waste it — because the real fun starts when we get moving.

Today isn’t about listening to speeches. It’s about games, laughter, and surprises. My only request? Don’t hold back. Play full out. Because the more we laugh together today, the stronger we’ll be as a team tomorrow. Now — should I keep talking, or should we get this team building started?”

8. The Value Anchor

When to use: When you want participants to see meaning behind every activity.

Script:

“Good morning, everyone. Today you’ll play games, face challenges, and share a lot of laughs. But let’s remember: every activity is more than just fun. Each one is designed to help us practice trust, sharpen communication, and strengthen collaboration.

So don’t just focus on winning or finishing fast. Look for the lessons behind the laughter — because those are the values we’ll bring back to work.”

9. The Forward Look

When to use: When you want to emphasize that team building is an investment for the future.

Script:

“What we do today isn’t just for today. Every moment we spend working together here is practice for the way we’ll work together tomorrow, next week, and in the months ahead.

Think of this as an investment — in trust, in teamwork, in each other. Because the habits we build today are the habits that will carry us to bigger wins tomorrow. Let’s start building that future now.”

10. The Celebration Start

When to use: When the event is also a milestone, anniversary, or recognition of achievements.

Script:

“Today is not just another day in our calendar — it’s a celebration. A celebration of our wins, our growth, and the people who made it all possible: this team.

So let’s treat this team building as more than an activity. Let’s treat it as a party — a party where we laugh harder, play bigger, and support each other fully. Because the best way to celebrate success... is to create new memories together. Ready? Let’s go!”